



ONE FREEDOM SQUARE FITNESS CENTER Rules and Regulations

Rules and regulations for the use of the One Freedom Fitness Center are established and enforced by Boston Properties. Each individual using the fitness center is asked to comply with the following rules and regulations. The One Freedom Fitness Center reserves the right to amend, delete or add to these policies and procedures as necessary for the proper operation of the facility.

PLEASE READ AND SIGN. THIS SIGNED COPY OF THE RULES AND REGULATIONS WILL BECOME PART OF YOUR PERMANENT FILE.

HOURS OF OPERATION:

Monday – Friday: 5:00 am to 8:00 p.m.
Saturday - Sunday: 8:00am to 5:00 p.m.

The One Freedom Fitness Center reserves the right to alter and amend the hours of operation from time to time as the need arises.

GUEST RULES:

The One Freedom Fitness Center is for the exclusive use of the tenants at One Freedom. All users must have an executed Waiver of Liability on file with Boston Properties prior to using this facility. Guests are not permitted to use the One Freedom Fitness Center. The “no guest” policy is necessary for insurance purposes.

FOOD AND BEVERAGE/SMOKING:

No food or beverages will be consumed in either the locker rooms or exercise room with the exception of water. Smoking is absolutely prohibited within the confines of the facility including the locker rooms.

PROPER ATTIRE:

While using the One Freedom Fitness Center, individuals may wear: shorts, tank tops, warm-up suits, tights, or leotards. Shirts are required and appropriate footwear must be worn at all times. NOTE: The One Freedom Fitness Center reserves the right to deny admission to anyone wearing attire with suggestive, lewd, or offensive legends or logos.

LOCKERS:

Lockers are available for use during each exercise session. The One Freedom Fitness Center and its affiliates are not responsible for items lost, stolen, or damaged while stored in lockers or within other areas of the fitness center. Gym bags will not be allowed in the exercise room. **PERSONAL BELONGINGS ARE NOT TO BE LEFT IN LOCKERS EXCEPT WHILE YOU ARE EXERCISING. THESE ITEMS WILL BE REMOVED IF LEFT OVERNIGHT.**

SHOWERS:

Two showers are provided within each locker room of the fitness center. Please be mindful of others and of water conservation and keep showering time as short as possible.

EQUIPMENT:

Tenants are to return all equipment to its proper location when they have completed their workout in the free weight area. All cardiovascular equipment must be wiped down using the wipes provided in the facility.

EQUIPMENT MALFUNCTIONS:

Tenants should immediately report any piece of equipment that is not functioning properly so that it may be evaluated and serviced promptly. Please understand and acknowledge that equipment may, from time to time, be out of order. When special factory parts must be ordered, some units may be unavailable for several weeks. Please understand that any equipment in need of maintenance will be repaired as quickly as possible. Please place a work order via the work order system at www.bptenantsservices.com.

COMPLIANCE:

Tenants are required to comply with the policies and procedures of the One Freedom Fitness Center. If a tenant violates any of these policies and procedures or any other rules posted in the facility, the One Freedom Fitness Club may elect to suspend/terminate the individual tenant's privileges after giving proper notice of such violations to the tenant. Violation of any rule or regulation set by the One Freedom Fitness Club is grounds for either suspension or revocation of privileges.

I have read the above rules and regulations pertaining to my participation in the One Freedom Fitness Center. I will comply with said requirements with the understanding that if I do not, my use of the fitness center may be forfeited.

Signature

Date